

OTTER TRAIL GUIDE

TIDES OCT 2014

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day:	Sunrise	Sunset	High	Low	High	Low
1st	0605	1830	0807	0137	2035	1405
2nd	0604	1831	0939	0247	2218	1548
3rd	0603	1832	1151	0504	----	1809
4th	0602	1833	0015	0645	1301	1914
5th	0601	1833	0122	0737	1351	2001
6th	0600	1834	0212	0819	1435	2043
7th	0558	1835	0257	0857	1517	2122
8th	0557	1835	0338	0933	1557	2159
9th	0556	1836	0417	1009	1635	2236
10th	0554	1837	0454	1044	1712	2311
11th	0553	1838	0530	1118	1747	2345
12th	0552	1839	0604	1151	1821	----
13th	0550	1839	0638	0018	1856	1227
14th	0549	1840	0714	0054	1935	1307
15th	0548	1841	0801	0136	2030	1404
16th	0546	1842	0930	0235	2230	1636
17th	0545	1843	1203	0445	----	1827
18th	0544	1844	0020	0629	1259	1913
19th	0542	1844	0114	0715	1336	1947
20th	0541	1845	0153	0750	1408	2017
21st	0540	1846	0227	0820	1439	2046
22nd	0538	1847	0259	0850	1508	2115
23rd	0537	1848	0331	0919	1539	2144
24th	0536	1849	0402	0949	1610	2214
25th	0535	1850	0434	1020	1642	2245
26th	0534	1851	0507	1052	1716	2319
27th	0532	1851	0542	1128	1752	2355
28th	0531	1852	0620	1209	1833	----
29th	0530	1853	0705	0036	1921	1259
30th	0529	1854	0803	0126	2025	1404
31st	0529	1855	0931	0233	2159	1544

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

